

ABOVE ALL

a study in Hebrews

AUGUST 23RD, 2015 | JASON FRITZ
GOD'S GYM
HEBREWS 12:4-13

It appears we have become a healthier society as a result of the fitness craze that has swept across the nation in the last two decades. But what about the fitness of our souls? 1 Timothy 4:8 says, "*for while bodily training is of some value, Godliness is of value in every way, as it holds promise for the present life and also for the life to come.*" The author of Hebrews invites us to step into God's gym and receive His personal instruction for a truly healthier you.

The Christian life can be _____.

_____ is necessary for the health of your faith.

HIGHLANDS CHURCH

_____ in the life of every believer is comforting proof that you are _____ by God.

Don't treat God's discipline _____.

Don't run away from God's discipline, instead, _____ it.

The purpose of discipline is to partake in the _____ of _____ and thereby become holy.

HIGHLANDS CHURCH