

SACRED TRUTHS

Facing your Fear

3-14-18

Grab the Sword and run down the hill; attack your fear!

Plan of Attack:

- 1) Acknowledge you have fears in your life...
- 2) Then attack your fear with your faith in God...
- 3) Keeping your eyes on Jesus...

1) Acknowledge your Fears:

- Fear of failure
- Fear of death
- Fear of life
- Fears for our children
- Fear of doubts
- Fear

(on the screen)

Psalm 55:22

1 Peter 5:6. 7

- 2) Attack your fear – with your faith in God!**

What's your Plan of Attack?

Psalm 56:3

Isaiah 31:1

How do we attack our fear?

Grab the Sword and run down the hill!

**Dive into God's Word. Read It!
(Psalm 119:105)**

**Hide His Word in your heart!
(Psalm 119:11-16)**

<Grab the Sword and run down the hill>

1. **Joshua 1:9** *Have I not commanded you...*

2. **Psalm 27:1** *The Lord is my light and my salvation...*

3. **Isaiah 12:2** *Behold! God is my salvation...*

4. **2 Timothy 1:7** *For God did not give us a spirit of fear...*

**3) KEEP YOUR EYES ON JESUS!
Matthew 14:22-33**

Questions

- 1) What makes you afraid?

- 2) When were you the most afraid in your life?

- 3) Did God create fear? Is fear always bad?

- 4) How do non-Christians cope with fear?

- 5) How do you cope with fear?

- 6) What helps you most when dealing with fear: prayer, meditation on God's Word, memory verses, worship or a combination thereof?

- 7) Is fear in your life now?

- 8) What is your plan to cope with fear in the future?